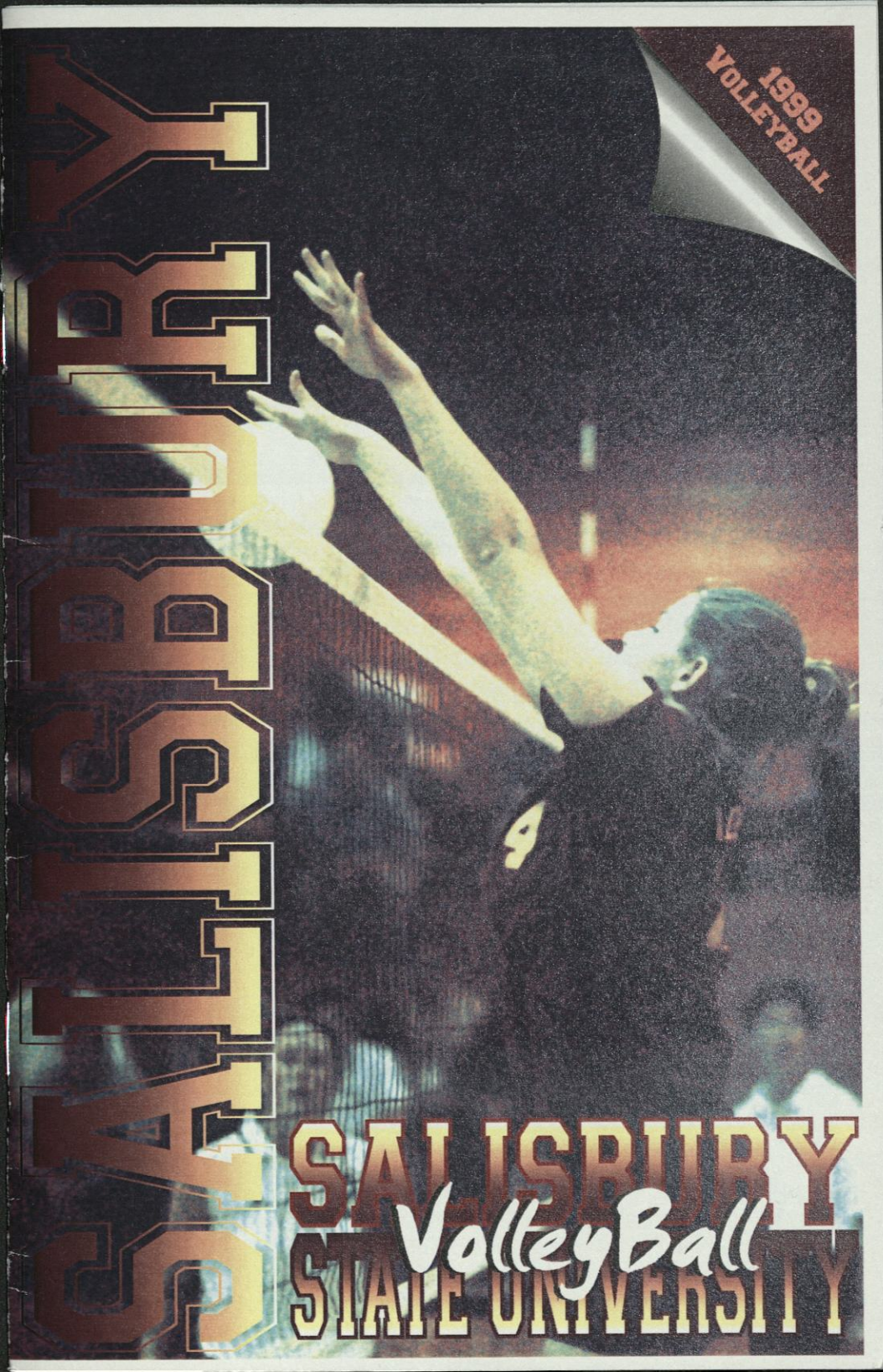

1999
VOLLEYBALL
SALISBURY
SALISBURY
VolleyBall
STATE UNIVERSITY

SSU at a glance

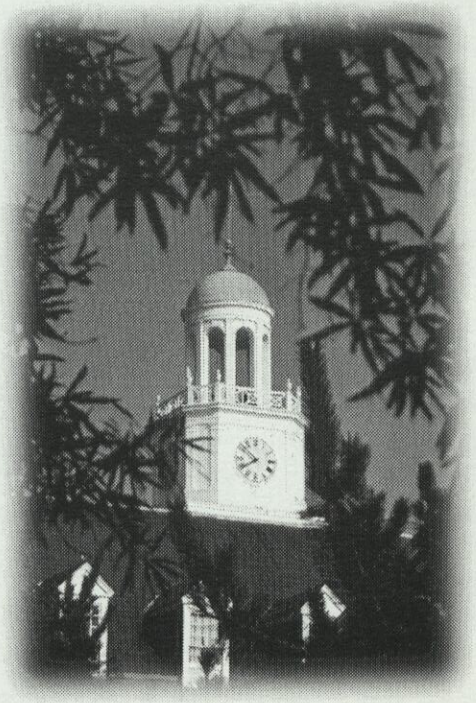
The resources of a University ...
6,000 students from 36 states and 50 foreign countries
29 undergraduate and 8 graduate programs
200 full-time tenure-track faculty, 85 percent with terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
1999-00 tuition, room, board and fees: $9,746 per year for Maryland residents; $14,140 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.



Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **http://www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 34 buildings on 125 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

Head Coach Margie Knight

In just three seasons, **Margie Knight** has elevated the Salisbury State University volleyball program to new heights, joining the ranks of the region's premier programs. Under her leadership, the Sea Gulls captured their first Capital Athletic Conference championship in 1998 and earned the program's first postseason berth. In recognition, Knight was named the 1998 conference Coach of the Year.

In her first volleyball season at the collegiate level, Knight guided the Sea Gulls to a 20-16 overall record and a trip to the Capital Athletic Conference championship match in 1997. Building upon that success, Salisbury State captured both the conference's regular season and tournament championship in 1998 and made its first-ever NCAA Tournament appearance. SSU finished 25-14 overall while registering its fourth straight 20-win season. The Sea Gulls finished 16-16 in 1999, including a 5-2 mark and second place finish during the conference's regular season.

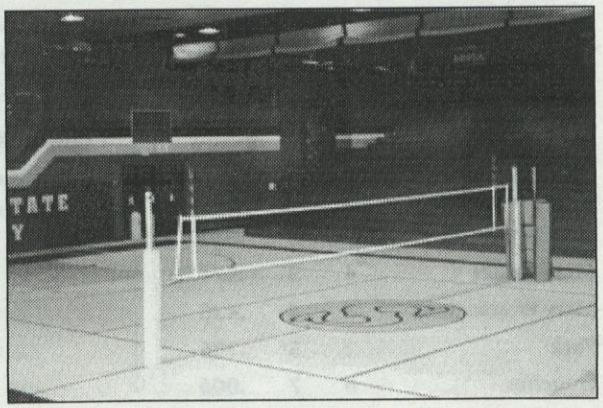
Knight, a 1979 graduate of the University and a member of its Athletics Hall of Fame, returned to her alma mater in 1997 after building an impressive resume of success at the prep level. She won state high school championships in both softball and volleyball during her 13-year head coaching career at North Caroline High School in Ridgely, MD. The Bulldogs captured the state softball title in 1988 and 1991, and won the state volleyball championship in 1990.

Knight compiled a 392-77 combined record in the two sports during her tenure, a winning percentage of over 83 percent. Additionally, she received volleyball coach-of-the-year honors seven times, including the 1996 fall season when she led her squad to a 16-3 record while capturing conference and region titles. She has also been named softball Coach-of the-Year four times.

Knight wasted little time in making her mark at SSU. In addition to her volleyball duties, she has piloted the Sea Gull softball team to NCAA Tournament berths in each of her first three seasons, including the school's first-ever appearance in the College World Series in 1998. Knight has compiled a 102-38 softball record, with three conference championships in three years. She has also been named CAC Softball Coach of the Year in both 1997 and 1998.

A native of Catonsville, MD, Knight was no stranger to athletic success as a collegiate athlete at Salisbury State. She was a four-year letterwinner in women's basketball and a three-year letterwinner in both softball and volleyball. Additionally, Knight served as a team captain for two years in each of those sports. She was also named MVP of the basketball squad twice and MVP of the softball team as a senior. In recognition of her outstanding collegiate career, she was inducted into the SSU Athletics Hall of Fame in 1995.

In addition to her coaching duties, Knight also serves as an instructor of physical education at Salisbury State.



Salisbury's Maggs Physical Activities Center is among the finest volleyball facilities in the region, featuring a multipurpose tartan floor and seating for nearly 2,000 spectators. During tournaments, the arena has a dual-court alignment, allowing for two matches to be played concurrently.

Gulls Finish Second in 1999 CAC Season

The Salisbury State volleyball team enjoyed another successful campaign in 1999 with a strong regular season showing. SSU finished 16-16 overall, including 5-2 in the Capital Athletic Conference, placing second in the regular season. Along the way, two Sea Gull players earned all-conference honors.

"We had a relatively young team that gained valuable experience against some top-notch competition this year," said Head Coach **Margie Knight**. "That experience should prepare us for even bigger accomplishments next year. We played especially well in conference matches this year, although we were disappointed to lose in the first round of the conference tournament. As a coach, I was encouraged that we played hard in every CAC match and left it all on the court every time out."

Junior setter **Katie Korreck**, SSU's all-time leader in assists, earned first team All-CAC recognition in 1999, while sophomore outside hitter **Kara Kowalksi** was named to the All-CAC second team. Both players received all-conference honors for the second straight season.

"Katie and Kara were two of our most consistent players throughout the season," said Knight. "I think Katie is recognized as the best setter in the CAC, while Kara is undoubtably considered to be one of the conference's best diggers. It's a well-deserved honor for both players and shows that the CAC's coaches, who select the team, think highly of both players."

Korreck led the Sea Gulls in assists for the third straight season while also finishing fifth in the conference with 8.37 per game. Her 271 digs was also fourth best on the team. Kowalski finished among the conference leaders in three categories, placing second in service aces (0.59 per game), third in digs (4.29/game) and eighth in hitting percentage (.220).

Junior **Donna Hudson** led the Sea Gulls with 3.13 kills per game in 1999 and finished second on the team in digs (2.99/game) and service aces (0.59/game). Senior defensive specialist **Liz Houser**, who was named the team's MVP, finished second on the squad in digs with 3.13 per game.

"I think her teammates recognized that Liz was the heart and soul of our team in 1999," said Knight.

SSU has won 152 matches over the past seven seasons, ranking among the most consistent teams in the Mid-Atlantic Region. The Sea Gulls have also appeared in the CAC Championship Game in three of the past four seasons. SSU won the conference title for the first time in 1998 and earned the program's first-ever NCAA Tournament berth, finishing as the sixth seeded team in the Mid-Atlantic Region. SSU registered its fourth straight 20-win campaign that season en route to a 25-14 overall mark.

Final 1999 CAC Standings

	W	L	Pct.
Gallaudet	6	1	.857
Salisbury State	5	2	.714
Catholic	4	3	.571
St. Mary's	4	3	.571
Marymount	4	3	.571
Mary Washington	3	4	.428
York	2	5	.286
Goucher	0	7	.000

1999 Team Awards

MVP - Liz Houser

Most Improved - Donna Hudson

Coaches Award - Lisa Headd

1999 Final Results

Date	Opponent	Score	Game Scores	Site
9-1	Goldey-Beacom	3-0 W	15-10, 15-6, 1-6	Maggs Center
9-10	Western Maryland	1-3 L	9-15, 15-12, 10-15, 9-15	Gettysburg Tourn.
9-10	Delaware Valley	3-0 W	15-5, 15-9, 15-6	Gettysburg Tourn.
9-11	Moravian	0-3 L	8-15, 13-15, 9-15	Gettysburg Tourn.
9-11	Mary Washington	3-0 W	15-9, 15-8, 15-6	Gettysburg Tourn.
9-14	*Marymount	2-3 L	15-8, 12-15, 15-9, 10-15, 11-15	Maggs Center
9-18	*Mary Washington	3-2 W	15-17, 15-7, 8-15, 15-10, 15-13	Fredericksburg, VA
9-24	Frostburg State	1-3 L	14-16, 15-9, 9-15, 8-15	SSU Invitational
9-24	Washington	3-0 W	15-6, 15-7, 15-11	SSU Invitational
9-25	Catholic	3-0 W	15-8, 15-1, 15-13	SSU Invitational
9-25	Richard Stockton	3-0 W	15-9, 15-12, 15-7	SSU Invitational
9-29	*Gallaudet	2-3 L	15-1, 9-15, 4-15, 15-12, 10-15	Maggs Center
10-1	Haverford	3-0 W	15-12, 15-7, 15-10	Wash. College Tourn.
10-1	Richard Stockton	1-3 L	15-13, 10-15, 13-15, 9-15	Wash. College Tourn.
10-2	Gallaudet	2-3 L	5-15, 15-5, 15-7, 2-15, 13-15	Wash. College Tourn.
10-2	Washington	3-0 W	15-0, 15-5, 15-4	Wash. College Tourn.
10-5	*Goucher	3-0 W	15-13, 15-1, 15-11	Towson, MD
10-13	*York	3-0 W	10-15, 4-15, 9-15	York, PA
10-15	Gallaudet	0-3 L	10-15, 4-15, 9-15	W Maryland Tourn.
10-15	Lycoming	0-3 L	6-15, 13-15, 8-15	W Maryland Tourn.
10-16	St. Mary's	3-0 W	15-11, 15-9, 15-5	W Maryland Tourn.
10-16	Frostburg State	0-3 L	11-15, 7-15, 5-15	W Maryland Tourn.
10-18	*St. Mary's	3-0 W	15-11, 15-6, 15-8	St. Mary's City, MD
10-22	Mount Union	0-3 L	8-15, 4-15, 5-15	Juniata Tourn.
10-22	Shippensburg	3-1 W	10-15, 16-14, 15-7, 15-6	Juniata Tourn.
10-23	Clarion	2-3 L	13-15, 3-15, 15-11, 15-4, 7-15	Juniata Tourn.
10-23	Lycoming	0-3 L	8-15, 11-15, 10-15	Juniata Tourn.
10-27	*Catholic	3-2 W	15-11, 4-15, 11-15, 15-11, 15-10	Maggs Center
10-29	Moravian	0-3 L	8-15, 10-15, 11-15	Elizabethtown Tourn.
10-30	Allegheny	0-3 L	9-15, 11-15, 11-15	Elizabethtown Tourn.
10-30	Elizabethtown	3-0 W	15-6, 15-6, 15-5	Elizabethtown Tourn.
11-2	York	2-3 L	3-15, 11-15, 16-14, 15-11, 15-17	CAC Tourn.

* Capital Athletic Conference Match

1999 Sea Gull Roster

No.	Name	Yr	Pos	Hgt	Hometown	High School
2	Katie Korreck	Jr	S	5-7	Frederick, MD	Thomas Johnson
3	Mandy Heagy	Sr	OH	5-10	Phoenix, MD	Dulaney
4	Lisa Headd	So	MH	6-0	Phoenix, MD	Dulaney
5	Samantha Crehan	Fr	MH	5-10	Ellicott City, MD	Mt. Hebron
6	Liz Houser	Sr	OH	5-6	Williamsport, MD	Williamsport
7	Kristin Rementer	Fr	OH	5-7	Denton, MD	North Caroline
8	Monica McLaughlin	Fr	S	5-4	Laurel, MD	Hammond
9	Kara Kowalski	So	OH	5-9	York, PA	Central York
10	Sara Teter	So	S	5-6	Reisterstown, MD	Franklin
11	Erica King	Jr	MH	5-7	Perry Hall, MD	Perry Hall
13	Donna Hudson	Jr	OH	5-9	Williamsport, MD	Williamsport
14	Jessica Freeman	Fr	MH	5-11	Davidsonville, MD	South River
15	Courtney Dumrauf	Fr	OH	5-8	East Quogue, NY	West Hampton Beach

Head Coach: Margie Knight (3rd year)
Assistant: Dean Shuttleworth, Jen O'Neill
Captains: Liz Houser, Mandy Heagy

SSU Volleyball - A Closer Look

The Sea Gull volleyball program is among the most consistent in the mid-Atlantic region, with a history of conference championships and regional tournament success. While a member of the Eastern States Athletic Conference from 1987 to 1992, the Gulls claimed the conference's volleyball title in five of the six years. SSU, an NCAA Division III member, joined the Capital Athletic Conference in 1993 and has competed as a CAC member for the past six seasons. SSU finished as the conference's runnerup in both 1996 and 1997 before winning its first CAC title in 1998. SSU finished second in the conference regular season with a 5-2 CAC mark in 1999.

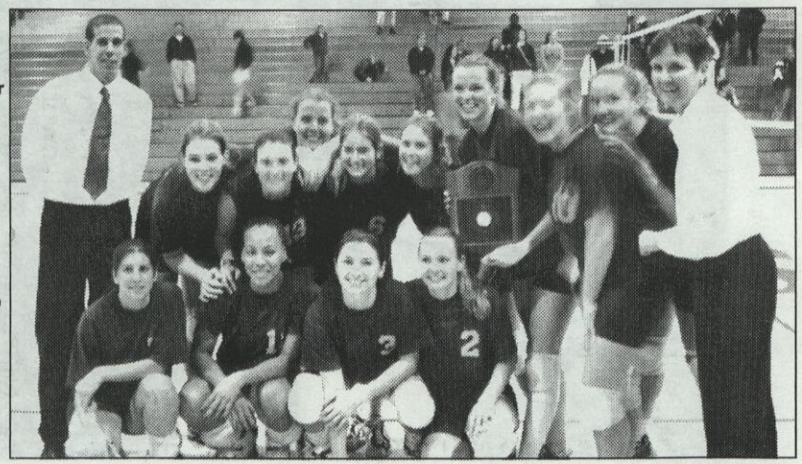
Reflecting national trends, in recent years Salisbury State's schedule has become one that features a heavy dose of tournament competition, mixed in with its dual matches against conference opponents. The Gulls have posted winning records in 12 of the last 15 seasons, and averaged over 22 wins per season from 1987 through 1999. SSU enjoyed back-to-back 30-win seasons in 1989 and 1990, including a school-record 35 wins in 1990, and captured its first NCAA Tournament berth in 1998.

Year by Year Since 1985

1985	13-12
1986	18-5
1987	17-8
1988	20-6
1989	33-10
1990	35-14
1991	18-21
1992	22-12
1993	28-11
1994	18-24
1995	23-20
1996	22-13
1997	20-16
1998	25-14
1999	16-16
TOTAL	328-202

SSU's tournament schedule includes many of the biggest and most competitive Division III events in the region each year. In addition to participating in noted events like the Juniata Classic and the Western Maryland Invitational, Salisbury plays many of the top regional squads in prominent tournaments as well. The Gettysburg Invitational, Elizabethtown Classic and SSU's own invitational were among the events on the slate in 1999.

Salisbury's Maggs Center is among the finest volleyball facilities in the region, featuring a multipurpose tartan floor and seating for nearly 2,000 spectators. During tournaments, the arena has a dual-court alignment, allowing for two matches to be played concurrently.



The Sea Gulls celebrate their 1998 Capital Athletic Conference championship. SSU defeated Marymount 3-1 in the championship match and won nine of 10 games in its three CAC Tournament matches.

Sea Gull Recordbook

Team Records

Most Wins, Season	35 (35-14), 1990
Fewest Losses, Season	5 (18-5), 1986
Fewest Wins, Season	7 (7-20), 1979
Most Losses, Season	38 (10-38), 1978
Most Consecutive Matches Won, Season	11, 1990; 1996
Most Games Played, Season	149, 1998
Most Games Won, Season	87 (of 149), 1998
Most Consecutive Games Won, Season	22, 1990
Highest Scoring Game	21-19 (W) vs. Stockton State, 1983
Most Kills, Match	86 vs. York, 10/15/97 (5 games)
Most Kills, Season	1,834, 1998
Most Attempts, Match	219 vs. York, 10/15/97 (5 games)
Most Attempts, Season	5,116, 1998
Best Hitting Percentage, Season	.288, 1993
Most Assists, Match	76 vs. York, 10/15/97 (5 games)
Most Assists, Season	1,576, 1998
Most Aces, Match	17 (twice)
Most Aces, Season	346, 1994
Most Digs, Match	129 vs. York, 10/15/97 (5 games)
Most Digs, Season	3,778, 1998
Most Blocks, Match	16 (twice)
Most Blocks, Season	295, 1998

Individual Records

Most Kills, Match	30, Sandy Palasek vs. Stockton, 9/26/97
Most Kills, Season	469, Jen O'Neill, 1998
Most Kills, Career	1,132, Courtney Moore, 1993-96
Most Attempts, Match	62, Sandy Palasek vs. Sockton, 9/26/97
Most Attempts, Season	1,151, Jen O'Neill, 1998
Most Attempts, Career	2,993, Courtney Moore, 1993-96
Most Assists, Match	63, Katie Korreck vs. Hopkins,9/12/98 (5gms)
Most Assists, Season	1,450, Katie Korreck, 1998
Most Assists, Career	3,202, Katie Korreck, 1997-99
Most Aces, Match	12, Jen Bowman vs. Mary Baldwin, 9/24/93
	Amy Geppi vs. Marywood, 10/27/90
Most Aces, Season	100, Jen Bowman, 1993
Most Aces, Career	255, Jen Bowman, 1992-95
Most Digs, Match	39, Kara Kowalski vs. York, 10/14/98
Most Digs, Season	709, Kara Kowalski, 1998
Most Digs, Career	1,189, Kara Kowalski, 1998-99
Most Blocks, Match	9, Brooke Salitrik vs. Catholic, 9/25/96
Most Blocks, Season	144, Michelle Dugan, 1998
Most Blocks, Career	321, Brooke Salitrik, 1994-97

Career Leaders

Kills

	Kills	Years
1) Courtney Moore	1,132	1993-96
2) Donna Hudson	917	1997-99
3) Michelle Dugan	860	1995-98
4) Brooke Salitrik	769	1994-97
5) Sandy Palasek	759	1996-97
6) Jen O'Neill	718	1997-98
7) Kara Kowalski	687	1998-99
8) Jen Bowman	672	1992-95
9) Shannon Cianelli	456	1992-93

Assists

	Asts.	Years
1) Katie Korreck	3,202	1997-99
2) Jen Bowman	2,121	1992-95
3) Jayme Lanham	870	1996-97
4) Amy Rottman	806	1995-96
5) Myra Parks	568	1994-95

Aces

	Aces	Years
1) Jen Bowman	255	1992-95
2) Courtney Moore	170	1993-96
3) Donna Hudson	165	1997-99
4) Jen O'Neill	126	1997-98
5) Kara Kowalski	127	1998-99
6) Michelle Dugan	105	1995-98
7) Cassie Cutright	103	1994-97
8) Brooke Salitrik	92	1994-97

Digs

	Digs	Years
1) Kara Kowalski	1,189	1998-99
2) Cassie Cutright	1,075	1994-97
3) Katie Korreck	1,070	1997-99
4) Liz Houser	932	1996-99
5) Jen O'Neill	856	1997-98
6) Michelle Dugan	817	1995-98
7) Sandy Palasek	775	1996-97
8) Courtney Moore	770	1993-96
9) Jen Bowman	715	1992-95
10) Lori Sharpless	629	1995-96
11) Brooke Salitrik	429	1994-97

Blocks

	Blks.	Years
1) Michelle Dugan	326	1995-98
2) Brooke Salitrik	321	1994-97
3) Jen O'Neill	196	1997-98
4) Courtney Moore	137	1994-96
5) Katea Murray	123	1996-97
6) Amy Rottman	112	1995-96
7) Laurie Waters	96	1994

Sea Gull Quick Facts

Location	Salisbury, MD
Founded	1925
Enrollment	6,000
President	Dr. Joel Jones (interim)
Colors	Maroon & Gold
Nickname	Sea Gulls
Web Site	www.ssu.edu
Affiliation	NCAA Division III
Conference	Capital Athletic Conf.
Director of Athletics	Dr. Michael Vienna
Athletics Department Phone	410-548-3503
Head Coach	Margie Knight
Alma Mater	Salisbury State '79
Record at School	61-46 (3 years)
Office Phone	410-543-6352
E-mail address	mjknight@ssu.edu
1999 Record	16-16 (5-2 in CAC)

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.
- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.
- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.
- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
STATE UNIVERSITY

Department of Intercollegiate Athletics
1101 Camden Avenue
Salisbury, MD 21801-6860